

OVEREATERS ANONYMOUS
Seacoast Intergroup Meeting List

Winter 2011

All meetings are "open."
24-hour Answering Service
603/433.5464

Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength, and hope, are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology, or religious doctrine; we take no position on outside issue. Our primary purpose is to abstain from compulsive overeating and to carry this message of recovery to those who still suffer.

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Seacoast Intergroup website:

www.oaseacoast.org

New Hampshire Intergroup website:

www.oanewhampshire.org/

Southern Maine Intergroup website:

www.oamaine.org

North Shore Intergroup website:

<http://northshoreintergroup.org>

Region 6 website:

www.oaregion6.org

World Service Office website:

www.overeatersanonymous.org

SUNDAY

Portsmouth, NH 10:00-11:00 AM
Focus: Big Book/Discussion
Portsmouth Regional Hospital
Classrooms, enter thru main entrance
Contacts: Ron/207.604.2526
Vicki/207.363.2533

Kennebunkport, ME 6:00-7:00 PM
Focus: Discussion
Village Baptist Church, 6 Maine St.
Contact: Kristi/207.286.7928

MONDAY

Dover, NH 5:00-6:00 PM
Focus: Topic/Discussion
Wentworth-Douglass Hospital
Community Conference Room, off
lobby, or Bellamy Room (ask at Front
Desk)
Contact: Mary Lou/603.332.8766

York, ME 7:00-8:30 PM
Focus: Big Book Step Study [BBSS]
York Hospital Medical Office Bldg.
16 Hospital Drive, downstairs conf
room
Contact: Shirley/207.363.3917

TUESDAY

Portsmouth, NH 7:00-8:00 PM
Focus: **Literature, Leader's Choice**
Christ Episcopal Church
1035 Lafayette Road
Contact: Steve/207.439.3579

New location and new time
Durham, NH 7:30-8:30 PM
Focus: Speaker/Discussion
St George's Church, 1 Park Street
Contacts: Kathy/603.692.7938
Sue/603.679.1144

WEDNESDAY

Portsmouth, NH 12:00-1:00 PM
Focus: Topic/Discussion
South Church/Basement, Ladies
Parlor
State Street, entrance side door
Contact: Vicki/207.363.2533

South Berwick, ME 7:00-8:00 PM
Focus: Discussion/Literature
Speaker 2d Wed. of the month
York Hospital Medical Services
Building
57 Portland St., 1st floor kitchen
Parking in rear, off of Colcord Street
Contacts: Susan/207.748.0914
Denise/603.973.6203

THURSDAY

Portsmouth, NH 7:00-8:00 PM
Focus: MEN'S MEETING
(Speaker/Discussion)
North Church Parish Hall
355 Spinney Road (cnr of
Spinney/Middle Rds/Rte33)
Contact: Eric/207.361.7032

Rochester, NH 7:15-8:15 PM
Focus: Topic/Discussion/Step
Rochester Community Center
150 Wakefield St., Conference Room 2
Contacts: Steve/207.439.3579
Pat/603.664.7622

**During holidays and inclement
weather please call ahead to
confirm a meeting will take place.**

FRIDAY

York, ME 10:00-11:15 AM
Focus: Literature/Discussion
First Parish Church
Parish House, York Street
Contact: Tammy/207.676.9347

SATURDAY

York, ME 8:00-8:50 AM
Focus: Recovery
York Hospital, 15 Hospital Drive
Meeting in Ellis Conference Room
Contact: Nancy/978.462.9704

Rochester, NH 9:00-10:15 AM
Focus: Discussion/Speaker/Literature
Grace Community Church
159 Rochester Hill Road
Contact: Debra/603.833.1909

York, ME 9:00-10:15 AM
Focus: Speaker/Discussion
York Hospital
Ellis Conference Room
Contact: Shirley/207.363.3917

**Seacoast Intergroup meets the
second Saturday of Jan., March,
May, July, Sept., Nov., and Dec for
elections: from 10:30 to 11:30 AM at
the York Hospital Ellis Conference
room. All are invited to come.**

Give meeting changes to your group
reps or Intergroup members

